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Dear Parents,

### **ESF Hong Kong Run 2019**

Following the success of ESF 50<sup>th</sup> Anniversary Marathon & Community Carnival held in 2017, we are proud to present to you The ESF Hong Kong Run 2019, which is one of the flagship events on our calendar this year. It highlights fitness, fun and family. Runners and the entire community can enjoy a festive carnival, including performances and game booths after races.

The event also promotes the social cohesion across generations and backgrounds by providing bridges between young people and the community. As always, we want to encourage all young people to be the very best that they can be. Together, we "run for our future"!

**Event:** ESF Hong Kong Run 2019

**Date:** January 26, 2019 (Saturday) from 8:30 am – 4 pm **Venue:** Hong Kong Science Park and Pak Shek Kok Promenade

Participant: ESF students, families, friends, staff, alumni, corporate partners and public

Registration fee: \$200 (Individual) / \$450 (Family Run of 2 or 3 persons)

Community Carnival: Family carnival of game booths and performances from 9 am to 4 pm in adjacent

Science Park Atrium Link, with the support of ESF schools and supporting

organisations. FREE admission.

### Registration method:

Online: http://hkrun.esf.edu.hk (Deadline: 14 December 2018)

**Paper**: Please send the completed registration form with an attached cheque of registration fee payable to "English Schools Foundation" to school general office (Deadline: 30 November 2018).

This year ESF is partnering with UNHCR, the UN Refugee Agency's global movement "2 BILLION Kilometres to Safety" to bring awareness to the resilience of refugees by accumulating miles in solidarity with worldwide supporters. Please take time to sign up upon completion of your ESF Hong Kong Run registration. Simply follow the link at the end of your registration process and say yes to step for global awareness to refugees.

For enquiries, please contact the Event Secretariat at (852) 3102 2998 or esfhkrun2019@actionhouseintl.com.

Please send the completed registration form with an attached cheque of registration fee payable to "English Schools Foundation" to school general office (Deadline: 30 November 2018)

# **ESF Hong Kong Run 2019**

# **Race Summary:**

Venue / Date:	Hong Kong Science Park and Pak Shek Kok Promenade		
Race Date:	26 / 01 / 2019 (Saturday)		
Race Time:	08:30am   10KM Individual & Corporate Team		
	10:00am   4 x 2.5KM Schools Relay (by invitation, please inquire your school teacher)		
	11:30am   3KM Individual & Family Run		
	12:15pm   1KM Family Run		
Quota:	2,500 (first-come, first-served)		
Entry Fee:	\$200 Individual		
	\$450 Family (Group of 2 or 3 persons with at least 1 guardian aged 18 or above)		
Fee Includes:	Runner Pack: race T-shirt, race bag, timing chip and bib cloth, sport towel, refreshment and		
	game voucher, and one way shuttle bus from University MTR station to Science Park*		
	*Request service at registration form		
Award and Prize:	Finisher medal, e-Certificate and Trophy* in each race category		
	*Trophy is not applicable to Family Run categories. Please refer to race website for details.		
Event Webpage:	http://hkrun.esf.edu.hk		

# Please choose a race to compete and circle the appropriate group:

□ <b>10KM</b> – Individual <b>Junior 2</b> <u>Male / Female</u> (Year of birth 2003 – Year 2000 <sup>#</sup> )
□ <b>3KM</b> – Individual <b>Child</b> <u>Male / Female</u> (Year of birth 2008 – Year 2006 <sup>#</sup> )
□ <b>3KM</b> – Individual <b>Junior 1</b> <u>Male / Female</u> (Year of birth 2005 – Year 2004 <sup>#</sup> )
□ <b>3KM</b> – Individual <b>Junior 2</b> <u>Male / Female</u> (Year of birth 2003 – Year 2000 <sup>#</sup> )
$\square$ <b>3KM</b> Family Run (1 student + $1/2$ family member(s)*)
☐ 1KM Family Run (1 student + 1/2 family member(s)*)

# **Runner Information:**

**ESF School Name:** 

		Family member 1	Family member 2		
	Runner	(For Family Run Group)	(For Family Run Group)		
Chinese Name (if any)					
English Name					
Gender (M/F)					
School Year					
Year of Birth					
HKID/Passport No.					
(First 4 digit)					
Mobile Number					
Email Address					

<sup>#</sup> Age requirement as of 2019

<sup>\*</sup> Require at least 1 guardian aged 18 or above

<b>Emergency Contact Person</b>		
<b>Emergency Contact Number</b>		
Race T-shirt Size		

This year ESF is partnering with The UN Refugee Agency's global initiative "2 BILLION Kilometers to Safety" to bring awareness to the plight of refugees by accumulating miles in solidarity with worldwide supporters. Please sign up at <a href="https://goo.gl/b9S2En">https://goo.gl/b9S2En</a> to say yes to stepping for global awareness to refugees.



#### T-Shirt Size Chart\*:

Tee Size	5XS	4XS	3XS	2XS	XS	S	М	L	XL	XXL
Chest width (cm)	36	39	41	43	44.5	47	50	53	57	61
Front length (cm)	48	51	54	57	64	66	68	70	73	76

<sup>\*</sup> Please allow for +/- 1-2 cm tolerance on flat measurement

One-Way Shuttle	Bus Service - From University MTR	Station to Science Park:	
☐ Require	seat(s) (number of passenger)		
Signature:		Date:	
(The signature mean	s you and all participants above acknowle	dge the important notice and agree	with the declaration
below).			

#### **Registration Procedures:**

- 1. Please send the completed registration form with an attached cheque of registration fee payable to "English Schools Foundation" on or before 30 November 2018 to school general office.
- 2. Each applicant will receive an acknowledgment of acceptance on or before 20 December 2018. If you do not receive the e-mail at the time, you may check with the Event Secretariat
- 3. If you have any enquiries, please contact the Event Secretariat at 3102 2998 or by email to esfhkrun2019@actionhouseintl.com.

#### **Participants Disclaimer:**

I/We, the undersigned, wish to enter for the "ESF Hong Kong Run 2019" event and any other incidental activities (the "Event"). I/We jointly and severally confirm and agree that I/we shall comply with all relevant rules and regulations and other ad hoc arrangements/decisions made by the Organiser and Venue Provider.

I/We acknowledge that taking part in this Event is entirely at my/our own risks and that I/we will not hold the Organiser, the Venue Provider and other sponsors or supporting organisations, responsible for (i) any accident of whatever kind, resulting in death or injury, or; (ii) any damage to or loss or destruction of personal properties during the Event unless as a result of the negligence or wilful default of the Organiser, the Venue Provider and other sponsors or supporting organisations.

I/We also agree to indemnify or reimburse the Organiser, the Venue Sponsor and other sponsors or supporting organisations, in respect of any additional expenses or costs incurred arising from or in connection with our participation in the Event. I am/We are physically fit, have not been otherwise advised by a qualified health practitioner, and have the required physical skills necessary for my/our participation in the Event.

I/We grant permission to the Organiser, its agents and the Venue Provider to photograph me/us during the Event and use any photographs, videos and other record of the Event for any lawful purpose, including commercial advertising, without making any payment or compensation to me/us.

This declaration is written in both English and Chinese. If there is any conflict in meaning, the English version shall prevail.

# **Important Notice:**

### Enrollment notices

- Participants must read and understand the following important notes carefully. Participants who have completed the registration process agree to abide by the Rules and Regulations of the race.
- Applicant should register to their respective age group only. (Age is counted based on the year of birth. For example, if you were born in 2004, your age group category would be Junior.)
- Participants under the age of 18 years old, parental consent is required during registration process.
- Late or on-site application will not be accepted.
- Once the application is accepted, application fee and submitted materials are non-refundable & non-transferable under any circumstances.
- Each applicant will receive an Acknowledgment of Acceptance on or before 20 December 2018. If you do not receive the e-mail at the time, please contact the event the Event Secretariat.
- Repeated applications will be counted as a single application. The extra fee is non-refundable and cannot be transferred to another applicant or race. Furthermore, the submitted materials will not be returned.
- Race pack (including bib number, timing chip and event T-shirt) pick-up notice will be sent to participants 2 weeks before the event day. Participants should show the email copy (hard or soft copy) to pick up the race pack. T-shirt size availability is provided on a first come, first served basis.

#### **Bad Weather Arrangement**

- If Typhoon Signal No.8 or above is issued at any time from 12:00 noon on the day before the race · the race will be cancelled.
- If the Black Rainstorm Signal is issued at any time from 12:00 am on the race day, the race will be cancelled and rescheduled.
- Should the Red Rainstorm Signal, Thunderstorm Warning or Typhoon Signal No.3 be issued at any time from 6:00
  am on the race day, the race will be cancelled and re-scheduled.
- Should the above Inclement Weather/Condition Warnings be issued after the commencement of race, the Race Director has the right to change the course arrangement or to stop the race. Entry fee will not be refunded.
- Should the above Inclement Weather Warnings be issued before the race begins, the race will be re-scheduled to another day. Rescheduled date will be announced later. All paid fee will not be refunded.
- Please check the weather from the Hong Kong Observatory (Tel: 1878200) on the race day and stay tuned with the
  official event website.

### Other Remarks

- All prizes are not redeemable for cash.
- Should there be any emergencies or assistance needed during the event, participants shall contact the event information centre.
- Participants are advised to arrange their own insurance cover.
- Runners understand that participating to the Run is potentially hazardous and should make sure their health conditions are medically able and properly trained for strenuous physical activity. In cases of doubt, please seek medical advice in advance.
- Baggage storage will be provided. Please do not bring any valuable items. The Organiser is not responsible for the loss or damage of the baggage stored with us.
- The Organiser has the right to make final ruling or final decision on any matters relating to the event including but not limited to change of route, change of event time, cancellation of event and disgualification.
- This site contains link(s) to other sites and pages which are not maintained or controlled by ESF and for which ESF
  is not responsible, access to such site or page is at your own risk for which ESF disclaims all responsibility and
  liability.
- Personal information collection statement:
  - Personal data includes your name, telephone number, email address, age, gender or other such personal information will be collected for purpose relating to :
  - (1) collecting race pack;
  - (2) announcing the results of the run;
  - (3) organisation of the run.
  - Information given is voluntary. However, failure to provide the requested personal data may mean the Organiser is unable to process your registration and prevent your participation.
- The Organiser reserves the right to use images of participants for promotional purposes.
- Participants' names will be used to display the runners' results, the age group of the participants will also be
  displayed as stated in the above personal information collection statement. If you do not wish to have your personal
  data displayed on the results please contact Event Secretariat esfhkrun2019@actionhouseintl.com
- The Organiser will not disclose any Information to third parties as stated in the above personal information collection statement, except:

- (a) as required to do so by law, regulation, judgement, or any other government order
- (b) to respond to an emergency;
- (c) to third parties who provide services in Hong Kong or elsewhere which assist the Organiser to carry out the above purposes.
- Please contact Event Secretariat <u>esfhkrun2019@actionhouseintl.com</u> if you wish to access or to update your personal data
- The Organiser reserves the right to edit or amend the above terms and conditions without prior notice.
- This notice is written in both English and Chinese. If there is any conflict in meaning, the English version shall prevail.

For more event information, please refer to the official website: <a href="http://hkrun.esf.edu.hk">http://hkrun.esf.edu.hk</a>